



ABBEY CARE RESIDENTIAL HOMES

Excellent care in a Christian environment

Please browse our brochure for more information about us and the care we provide for our family of residents



Welcome

Thank you for visiting our web site/requesting a brochure and for your interest in our homes.

Our history goes back over 60 years when one of the local Church Ministers in our town had the vision to provide residential care for those in need who could not manage in their own homes. Local churches in Weston rose to the challenge and set up a group to start fund raising for the project. The first house to open was Abbey Gate followed by Gough House and The Links. Today we continue to run the homes with Trustees drawn from the local churches and continue to operate on a 'not for profit' basis.

The day to day responsibility is taken by our very able and dedicated Care Managers supported by a team of carers, cooks and administration staff.

Our Services

Abbeycare have a range of packages, from permanent long term care as well as facilities for respite or day care.

Our aim is to provide a homely comfortable and calm environment and to maintain an atmosphere of respect, dignity and privacy whilst ensuring physical, spiritual, medical and psychological needs are met.

All rooms are kept in good decorative order and most rooms have en suite facilities or wet rooms. Baths with hoists are also available for ease of use. We encourage guests to bring in some of their own furniture maybe a favourite chair and pictures to personalise their private room.

Look us up on www.cqc.org.uk

A message from our Managers

A Message from Our Managers

My name is Marie McMillan, I have worked for Abbeycare for approx 16 years, initially as a carer and now as Senior Registered Manager of the group and based at Gough House. As a company we maintain our Christian ethos, providing both personal and spiritual care for our residents.

We are a small 'homely' home with 14 rooms (two of which can be doubles) most with en suite facilities. Bathrooms are available with bath and hoists for ease of use. An enclosed front garden ensures safety and availability of some fresh air, with tea on the patio during the summer months. We enjoy a whole range of activities and I like to sing and entertain our residents by playing my ukulele. We have a spacious lounge with a piano which some of our residents enjoy playing.

We believe in the "mum test" - Would I place my family member here? – Yes I would be very happy to place my own mum in any one of our homes, for the loving care, food and entertainment. We know each of our residents and they know us, we enjoy sharing with the residents as one big happy family. We encourage family and friends to visit and to join in with any social events throughout the year.

I would be delighted to give you a personal tour once guidelines permit (by video call at present).

We provide long term residential and short term care and would be very pleased to speak to you.

'Thank you so much for looking after Mum for the last 18 months at Gough House. I know she was happy and well cared for. You are all amazing and I will really miss your help and support. Keep doing what you are doing because you are all fantastic'

Hello! My name is Kara Weymouth, I am the Home Manager at Abbey Gate Residential Home, and have worked for Abbeycare for over five years. Abbey Gate is a wonderful 18-bedded home full of fun and laughter amongst the residents; the staff continuously and creatively strive to make Abbey Gate an inclusive, happy home. Our openness with families, friends and care professionals underpin our values of creating a safe, caring and welcoming place for family and friends to visit. We encourage independence within the home within different areas of care, such as personal care, meal times and mobility. Our trained and understanding staff are always around to support this, promoting dignity and positive well being in the process.

We are an active home; there are many activities ongoing, whether it is joint events with our sister homes, group sessions with Abbey Gate's residents, or those personal and meaningful one-to-one occasions that meet those individual needs deserving to be met. Whether you are looking for a little time to relax and recuperate or somewhere to call a home then please let us show you around the home (via zoom at present).

If you wish to discuss more please call me on 01934 621166 or at manager.abbeygate@btconnect.com – we look forward to meeting you!

'I am very, very happy – couldn't get a better home elsewhere. I think Abbeygate is a marvellous place, the staff are very caring, lovely and wonderful' – Resident

The Links is the smallest of the three homes, providing an elegant and spacious dining room and lounge in homely surroundings where we work hard to offer a safe and happy environment that is tailored to suit the needs and preferences of the individual. All rooms have en-suite facilities.

I enjoy working for this christian based organisation and have been employed for 15 years and been the Manager now for almost six years. We strive to give the best care to everyone staying with us and keep regularly in touch with friends and family and encourage involvement, whether it is for a summer time BBQ or at our Christmas carol concert or similar events or for families/friends to join their loved ones on these special occasions - we have had a few 100th birthdays!.

The Trustees and Management staff fully support us in the daily activities of the home and there is an assigned trustee who visits and spends time chatting with the residents, and is willing to push a wheelchair out, maybe round the park or on the sea front on a sunny day.

I would love to speak to you about our home and to show you around or even better, come and have a cup of tea with us and we can answer any questions you may have. (During Covid restrictions, this will be by virtual means).

Christine Vidal
Registered Care Manager

'I would like to thank you most sincerely for the excellent level of personal care you as an organisation have shown to Y for the last 10 years, and to the many members of staff who are so much more than simply carers. I really appreciate the love that you have all demonstrated'

What next - Services

Our homes offer a high standard of care through the work and care of our staff who are highly trained to keep up with best practices for a variety of healthcare needs including dementia.

Making a decision to move into long term care in a residential setting is a difficult decision even when we know we are unable to manage on our own so we encourage you to spend a day, week or month with us initially so that you can feel comfortable to make that smooth transition to move into care.

We provide a range of activities and we encourage you to make friends with others and enjoy each other's company and maintain your independence as far as possible. There are opportunities to go for walks with our carers if you need help. Sometimes we have a picnic in the park with an ice cream treat! We are privileged to be in an area that is flat with easy use of a wheelchair in case of need as well as being able to walk to the local shops or stroll along the prom enjoying the sea views.

Whilst it is possible to stay in your room, we would actively encourage joining in with our other residents, particularly having meals together in the dining room as a social activity if physically able to do so.

We treat each person as an individual with different needs and interests, therefore a personal Care Plan is prepared with your involvement and with other members of your family and/or those with responsibility for your health and welfare. Your Care Plan is regularly reviewed to ensure we continue to meet your needs and wishes.

We actively encourage family and friends to visit and to join us when celebrating special events like a birthday. We have a private visiting area in each of our homes, if you just need a quiet chat.

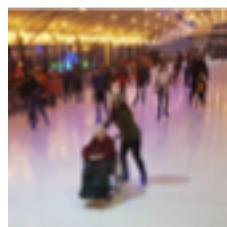
Catering

Abbeycare Homes place great importance on nutritional and varied home made food, sourced locally wherever possible and based on a regularly reviewed menu. Meals are personalised to take into account individual health and dietary needs and wishes.



Daycare and Activities

My name is Graham Tudor and I am the Activities Coordinator for all the homes within Abbeycare focusing on creating a whole range of stimulating and engaging activities for the residents to enjoy, from arts and crafts to games, from quizzes to sensory activities. For example, trips out in our wheelchair accessible minibus, coffee mornings at our local church, sing-a-longs, musical movement, talks and demonstrations. We have even been iceskating!



Intergenerational activities with our local schools, reminding residents of their past, inducing laughter and social interaction are also incorporated into our social activities calendar.



The majority of our rooms are en-suite. It is possible to bring a favourite chair (fire resistant) and pictures to make your room feel homely

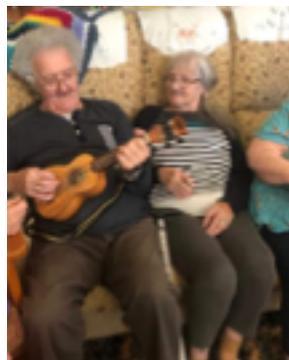
We like to spend time outside together enjoying the fresh air and go out for walks or with wheelchairs whenever we can.



We like to celebrate birthdays and special occasions



Any musical entertainment is enjoyed and we like to join in too! Garden centre trips are really enjoyed, and maybe a cup of coffee and a cake as a treat.



We also try to create one-to-one time with each resident, completing an activities and leisure questionnaire to get a feel for each resident's likes and dislikes as well as hobbies that they might want to take part in.



Our respite and day care facilities have been highly recommended by previous residents and this is a good opportunity for people to have a break from home or to give other carers some time off. This also gives the opportunity for interests and activities to be pursued, while at the same time providing some company and stimulation.

Fees and Care Charges

We aim to maintain fair and competitive prices within our local area and fees will depend on the bedroom selected and calculated on a basic room rate and needs of resident. Current rates are available on request.

Our basic fees cover the cost of personal care, provision of meals, laundry and many of our activities and outings. Occasionally a special charge is made for trips out or the costs of tickets to a show etc.

We accept standard local authority rates in some exceptional circumstances otherwise with a top up. Double rooms for a couple are on a scaled down price.

We offer additional services at cost, of chiropody, hairdressing, and manicures. Newspapers/magazines can also be delivered.

Please contact us for further information.

For reference:

Abbey Gate 01934622019
Email: abbeygate71@btconnect.com

Gough House 01934 621166
Email: goughhouse@btconnect.com

The Links 01934 625869
Email: thelinks.abbeycare@btconnect.com

Office Admin 01934 419244
Email: finance.abbeycare@btconnect.com

Daycare: Graham - 07545 671158
Email: daycare.abbeycare@btconnect.com

Thank you for your interest - please contact for more
information

www.abbeycarehomes.org.uk

Abbeycare is the trading name of Weston-Super-Mare Free
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Registered No. 15388R

