

# ABBEY GATE | GOUGH HOUSE | THE LINKS 'Excellent care in a Christian environment'



AbbeyCare provides homely residential care, respite care, respite holiday breaks and day care at our three Weston-super-Mare settings.

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AbbeyCare was founded in 1962 and is operated by Weston-super-Mare Free Church Housing Association Ltd on a not-for-profit basis.

### **Statement of Purpose**

Excellent care in a Christian environment

We provide homes with a family atmosphere, offering comfort and care with sensitivity, provided by friendly, happy and very approachable staff. Our priority is to ensure that the environment is safe and secure while recognising the need to encourage individuality.



Our qualified staff will assist in providing personal care, 24 hours a day and specialise in supporting those with varying degrees of dementia.

It is essential to us that residents feel at home living here. We work with residents and families to understand them and their past. This enables us to provide truly person-centred care now and in the future.

We want our residents to feel like it is their own home. We encourage them to go on trips or even on a wander down to the shops, the beach or just across the road to the local park for a walk or a coffee accompanied by a Carer if needed.

We provide a range of activities where they can interact with one another and with the staff on duty; We encourage outings and, most importantly, aim to maintain each resident's independence.

#### **Our Goals**

- Excellent care in a safe, warm, happy environment.
- Innovation and collaboration to benefit our residents, colleagues and community.



#### **Our Values**

Whilst striving for our goals we will uphold the highest standards of integrity, honesty, dignity, compassion, empowerment and respect of others.

- One standard of care excellent.
- A fair cost of care.
- Cherish the uniqueness in everyone.
- Create a home from home.
- A strong and friendly team to support our residents in every aspect of their lives.

## **Our Objectives**

Our objectives are to employ staff who are caring, well trained and respectful of the needs of our "family" of residents and their rights to privacy and dignity at all times

- To actively encourage independence and to offer physical, emotional and spiritual support either within the home or through external support groups.
- To ensure freedom of choice and fulfilment wherever possible and to encourage the residents to be involved with decision. making within the home.



#### Why AbbevCare?

- Most rooms en-suites
- Care for the elderly and those with varving degrees of dementia
- Friendly, dedicated staff who provide person centred care
- Homely in scale, a Home from Home
- Nutritious home cooking, 5 star food hygiene certificate
- Visiting dentist, chiropodist, optician, hairdresser
  - & religious services
- Nurse call system
- Easily accessible gardens
- Weekly Christian worship services





#### **Respite & Holiday Breaks**

Respite is designed either for someone living on their own and needing extra care, or possibly recovering from being unwell. It may be that you are looked after by family or friends who need a break or are having a well-deserved holiday.

At AbbeyCare, you will be cared for by our experienced staff and have the opportunity to meet new friends and enjoy delicious home cooked meals.

From the 2023 season we are offering enhanced Holiday Respite Breaks at Gough House, with daytime activities, entertainment and trips. Carers can take a break knowing that their loved ones will also be enjoying the Weston- super-Mare area.



# Further information regarding our three homes can be accessed on our website at

www.abbeycarehomes.org.uk along with links to our recent CQC inspection reports.

If you have any queries or would like to arrange a visit, please contact us:

